



**ANNUAL REPORT ON GENDER EQUITY PROMOTION PROGRAMS**

**NARULA INSTITUTE OF TECHNOLOGY**

**81, NILGUNJ ROAD, AGARPARA**

**KOLKATA-700109**



## Programmes organised in the Academic year 2015-2016

### Seminar on “Save the girls Child”

On 25/05/2016 one day seminar on “Save the girls Child”. The participants of the programme realized the significance of saving the girl child & the current sex ratio of the country as well as of the state. Like 2014, in this year women cell of NiT had organised this programme for their students and staff members to aware the significance of girls in the society and their current status. The members of the Women Cell was taken the initiatives and gave lectures on the topic

The Speakers for the session were Dr.Debjani Chakroborty (Department of Mathematics,NiT), Mrs.Sangita Roy(Department of ECE,NiT) and Dr.Sriparna Guha(Department of Business Administration,NiT).

Total 165 students and 48 faculty and staff members were attended the seminar.The session was very interactive.





## Celebration of Women empowerment

Women Cell of Narula Institute of celebrated women empowerment on 9/4/2016 through different programs. Dr. Jasodhara Bagchi, Ex. Chairperson of Women's commission of West Bengal, was invited to spoke on changing face of women.



## Women's Day Celebration on 8<sup>th</sup> March, 2016

The bystanders and the residents at Kamarhati witnessed a brilliant show of harmony on March 8, 2016 when around five –hundred participants ran gleefully in the 3.5 km Mini Marathon organized by Women Cell of Narula Institute of Technology. The Marathon echoed the slogan '*Run with gaiety, Pledge for Parity*'. This event aimed to spread the message of Gender uniformity among the people. Besides the participants from the host institute, the schools in the neighborhood also joined the Marathon in order to express their solidarity. The gender split was 46% females and 64% males and the participants ranged in the age group between 12 to 65 years. The participants took an oath in favor of Gender uniformity before the commencement and then with the count of ten the race was flagged off by Mr.Soumen Bose, eminent cricket coach (Cricket Association of Bengal) from Kamarhati bus stand at 4pm. The runners were escorted by a furnished van where the cultural team of the college sang in chorus and imparted the message of parity and integrity. The entire route was well managed by the college volunteers and the traffic control. The event was graced by



the former national footballer Mr Pratap Senapati, local councilor, Principals of neighboring schools and the dignitaries of JIS group.

The top finishers in the Men's category: Winner-Shahrukh Shaikh- NIT, 1st runner up-SurajRajbanshi- Kalyan Nagar High school, 2nd runner up-SrinathBhui- NIT. The top finishers in the Women's category Tiasa Dhar and Ankita Dutta from Chandrachur Girls' High school bagged the first two positions and Tamasa Das of NIT won the 3<sup>rd</sup> place.

The Marathon touched the lives of the local people and ended with a note of respect to the womanhood.



Seminar on “creating awareness by prevention and intervention among women on pertinent health issues”

A seminar on “creating awareness by prevention and intervention among women on pertinent health issues” was held on 11/08/2015.



## A workshop on “Stress and Yoga Exercises”

On 2/07/2015 Women cell of Narula Institute of Technology had organised a Workshop on “Stress and Yoga Exercises” for faculty and staff. They were taught some basic yoga hasanas, breathing exercise, tips on Yoga & meditation. It is believed that with yoga & meditation, the physiology undergoes a change and every cell in the body is filled with more energy. This result in joy, peace, enthusiasm as the level of prana in the body increases At the end of the program students were filled with energy and peace.



