

Report on Life Skills

Institute encourages yoga and meditation to enhance self-awareness, promoting physical and mental health of students and staff members. Yoga and Meditation increases self-esteem, reduces stress and lengthens attention span which can help a student to stay focused even during pandemic.

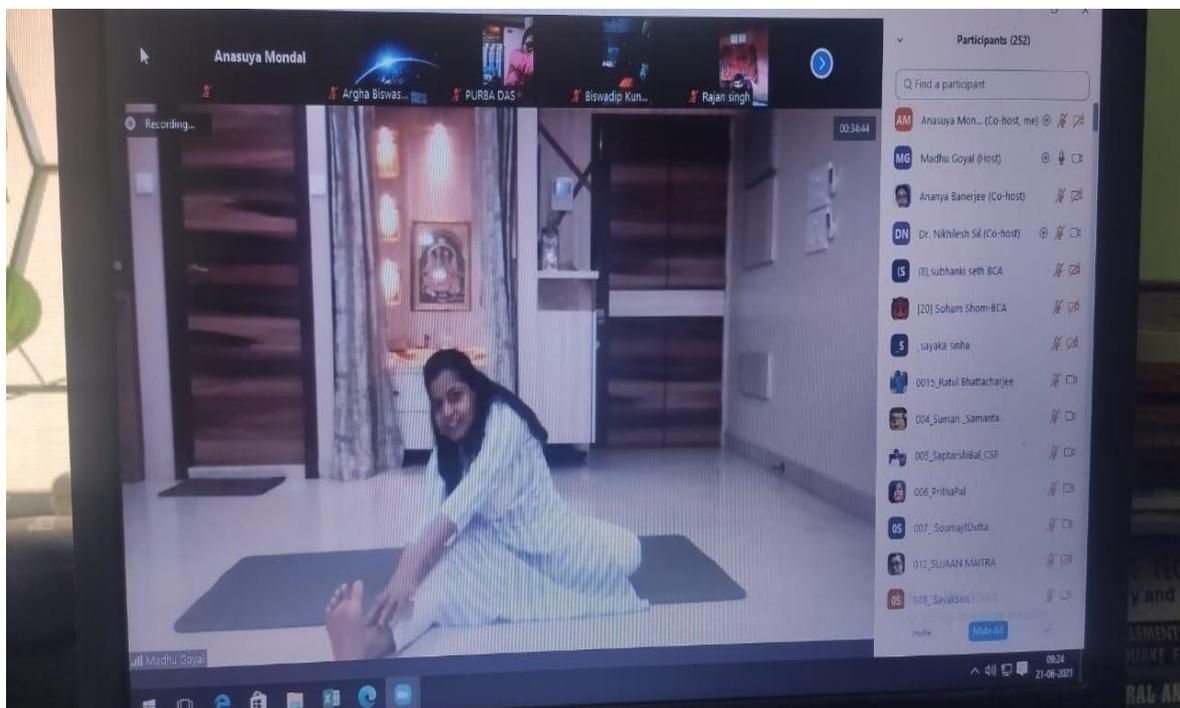
Online program on International Day against Drug Abuse is conducted to create awareness against drug abuse. The students participated in making intuitive posters about the issue that is certainly very relatable to people of that particular age-group.

Webinar on Cancer Awareness is conducted to increase cancer literacy and knowledge amongst the student and employees.

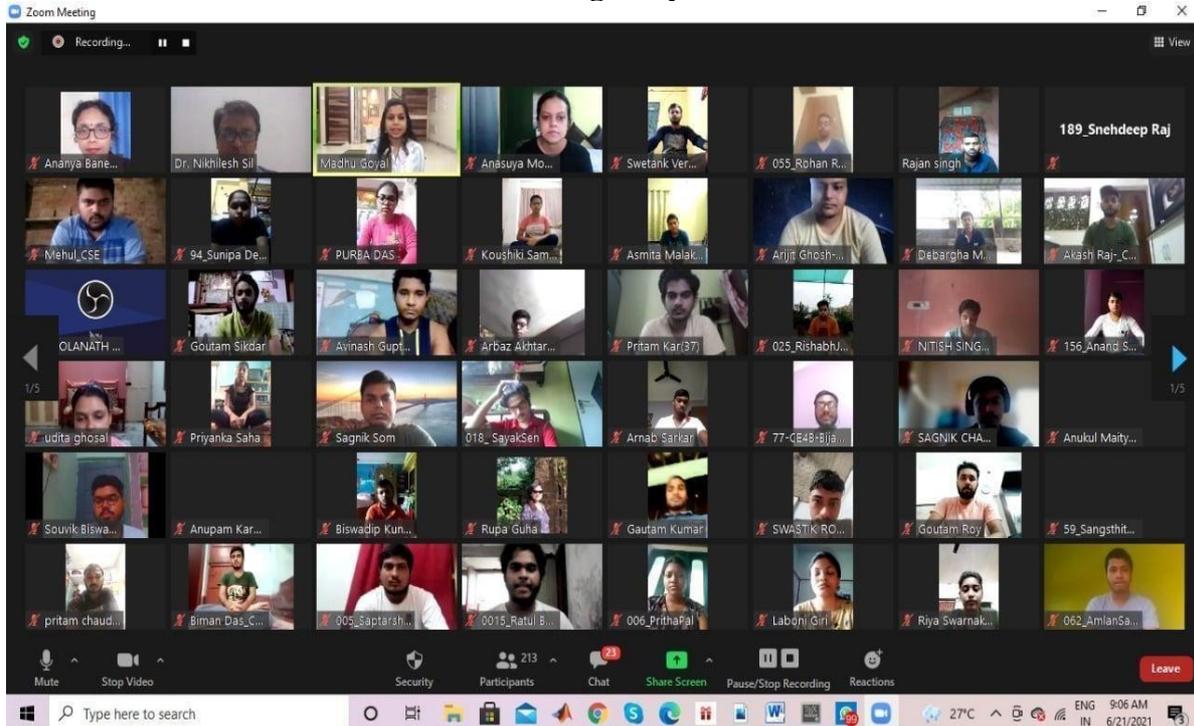
Name of the capability enhancement program	Date	Name of the agencies/consultants	Objective
Online Program on International Day Against Drug Abuse and Illicit Trafficking	26-06-2021	Dr Nikhilesh Sil, Narula Institute of Technology	Awareness about the ill effects of drug
Webinar on International Yoga Day	21-06-2021	Ms. Madhu Goyel, Faculty Art of Living	Enhancing physical and mental health
Online Cancer Awareness Week	02-02-2021 - 05-02-2021	Dr Snehal Bhagat, Senior Project Manager, Indian Cancer Society	Awareness creation about Cancer
Online Awareness Programme on Women Health and Hygiene	10-08-2020	Ms. Ankita Sukhwai, CSR Executive, Unicharm India	Awareness about Women's Hygiene



Glimpses of Online Program on International Day Against Drug Abuse and Illicit Trafficking conducted on 26.06.21



Webinar on International Yoga Day conducted on 21-06-2021



Glimpses of Webinar on International Yoga Day conducted on 21-06-2021

INTERNATIONAL YOGA DAY

NiT | **JIS**
JIS GROUP
Educational Initiatives

**Online
Yoga Session**

Ms. Madhu Goyal
Faculty, Art of Living

**Organized by
NSS Unit, NiT**

21st
June, 2021
9 AM ONWARDS

NARULA INSTITUTE OF TECHNOLOGY
NAAC Accredited | NIRF Ranked College
www.nit.ac.in | 8902496650

Webinar on International Yoga Day conducted on 21-06-2021



WEBINAR ON
CANCER IS A WORD, NOT A SENTENCE
ORGANIZED BY
Narula Institute of Technology



SPEAKER

Dr Snehal Bhagat

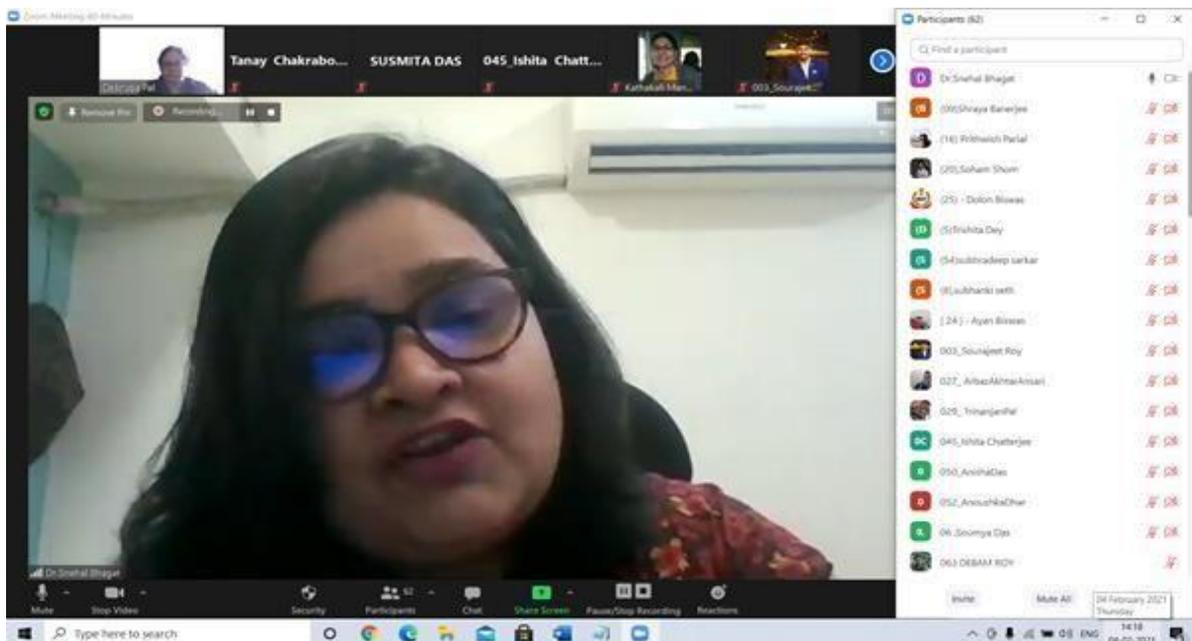
Senior Project Manager,
Indian Cancer Society



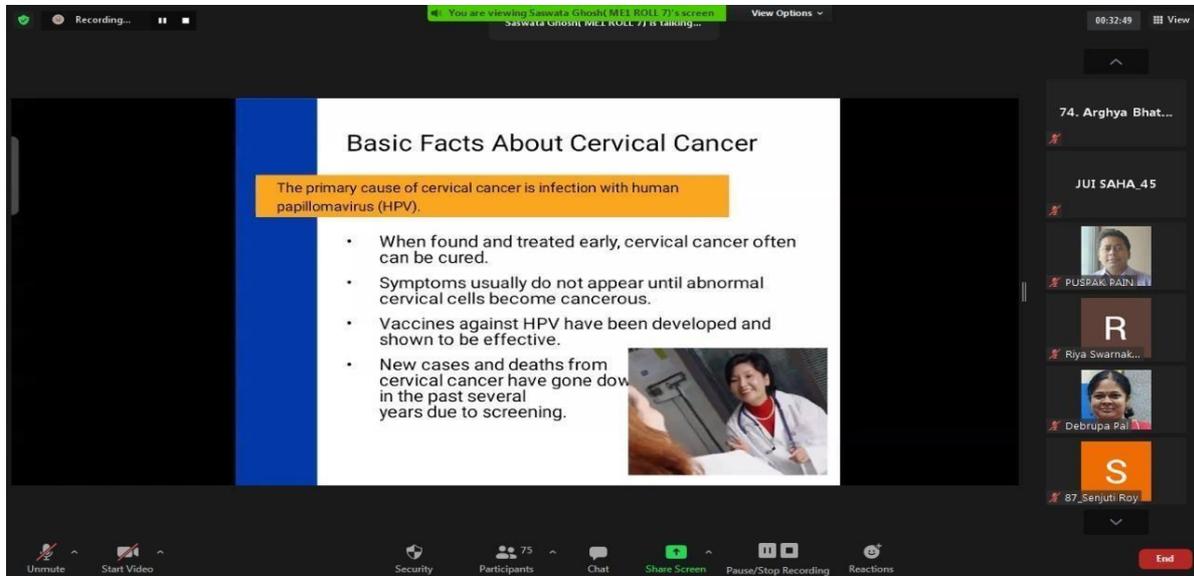
4TH FEBRUARY, 2021 | 02.00 PM | THURSDAY

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Webinar on Cancer is a Word Not a Sentence conducted on 04-02-2021



Glimpses of Webinar on Cancer is a Word Not a Sentence y conducted on 04-02-2021



Glimpses of Webinar on Online Cancer Awareness Week conducted on 02-02-2021

WEBINAR ON

Cancer Awareness...Can We Fight It???

ORGANIZED BY

Narula Institute of Technology

SPEAKER

Dr. Sanjoy Sen
MBBS, MS(General Surgery)
MRCS(England), FACS (USA)
MCh (Surgical Oncology)



4TH FEBRUARY, 2021 | 11.30 AM | THURSDAY
www.nit.ac.in



Glimpses of Webinar on Online Cancer Awareness Week conducted on 04-02-2021

NIT | **SANJEEVANI** *life beyond cancer* | **JIS GROUP** Educational Initiatives

**SANJEEVANI LIFE BEYOND CANCER
IN ASSOCIATION WITH
NARULA INSTITUTE OF TECHNOLOGY**

Miss. Sumki Begum
Program Coordinator Outreach,
Sanjeevani Life Beyond Cancer

2 P.M. Onwards | 02nd February, 2021

**A WEBINAR ON CANCER PREVENTION AND
HEALTHY LIFESTYLE**

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Glimpses of Webinar on Online Cancer Awareness Week conducted on 02-02-2021

Recording... | You are viewing Anidip Bhattacharya_42's screen | View Options | 00:53:31 | View

Anidip Bhattacharya_42 is talking...

Indian cancer cure society fund

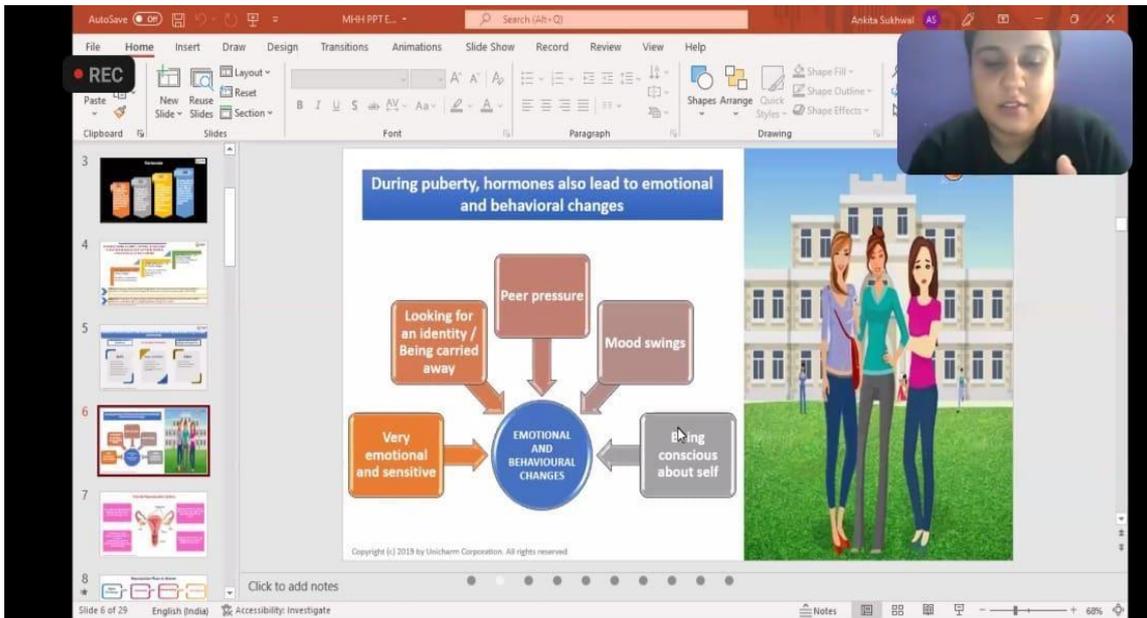
- The Indian Cancer Society-Cancer Cure Fund is a flagship project which provides financial aid for treatment to underprivileged cancer patients. Many cancers are treatable, if detected early and treated in time. However, many cancer patients in India are not able to afford the treatment costs and therefore do not survive the disease. This project has transformed the lives of over 8100 patients across the country, many of whom have completed their treatment and returned to a productive life once again. This program is implemented at a pan India level and we are pleased to report that 45% of the beneficiaries are between 16-45 yrs. of age.
- This project is a unique, first of its kind initiative in collaboration with HDFC AMC Ltd. In February 2011, HDFC AMC launched a Debt Mutual fund which gave the investors an option to donate 50% or 100% of their dividend income to Indian Cancer Society to fund the treatment cost for cancer patients. ICS is grateful to each of the 5000 investors who have donated their income to the Cancer Cure Fund. ICS appreciates the continued support of HDFC AMC which has helped save thousands of precious lives.
- Amount sanctioned till 31st March 2020 is Rs.169.83 cr for 8120 patients and Net disbursed is Rs.130.61 cr.

Participants: 76

Participants list:
JUI SAHA_45
Rupa Guha
R
Riya Swarnak...
Debrupa Pal
030_sourjab...
Anasuya Mb...

Unmute | Start Video | Security | Participants | Chat | Share Screen | Pause/Stop Recording | Reactions | End

Glimpses of Webinar on Online Cancer Awareness Week conducted on 02-02-2021



Glimpses of Online Awareness Programme on Women Health and Hygiene conducted on 10-08-2020